



MANCHESTER CARES

% Suite S.5, Colony, 5 Piccadilly Place, Aytoun St, Manchester M1 3BR

November 2021 Programme

Manchester Cares Social Clubs are a space for older and younger neighbours to get together to share time, laughter, learning and experiences. All of our Social Clubs are free and there's something new every month. **Look out for a special Social Club about our upcoming Manchester Cares Art Exhibition!** We are working hard to make sure that you get a place at a club however we are still running a limited programme due to Covid-guidelines so bear with us and please be patient, we are trying our best.



NOVEMBER FACE-TO-FACE SOCIAL CLUBS: These will be taking place face-to-face around Manchester. **You must book your place - do not turn up if you haven't booked. If you are put on the waiting list, do not turn up unless we have called to say that you have been moved up.** We hate to turn people away, and we're doing everything we can to have as much space at each club as possible, but we **have to limit numbers** at the moment for safety. Call Heather to book your slot on **0161 207 0800 option 2.**





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Tuesday 2nd November, 6-8.15pm: Documentary Club - CITY CENTRE, Colony Piccadilly, 5 Piccadilly, Aytoun St, Manchester M1 3BP,

The big return of Documentary Club. Join your younger neighbours to watch a new documentary, then have a chat about it over snacks and refreshments. *Please call Heather on 0161 207 0800 and press option 2 if you'd like a space.*

Bus: Any bus to Piccadilly Gardens (7 min walk.) Any bus to Picadilly Station (5 min walk).

Tram: Any tram to Piccadilly Station (5 min walk.)



Wednesday 3rd November, 12-1.30pm: Stories and Snacks - ANCOATS, Victoria Square, Oldham Road, Ancoats, M4 5DX ,

Join your younger neighbours for the first in a series of special shared reading sessions- Shared Reading brings people together through stories to talk, laugh, and share. Come along and enjoy listening to a story or poem over a cup of something hot - no pressure to talk or read, just a chance to relax with others.

Bus: 24, 74, 76, 83, 114, 180, 181, 182, 184, X84 (get off Wing Yip Superstore)

Please note when you arrive, you'll need to buzz in and security will let you in. Follow signs to the community room.



Monday 8th November, 1-3pm: Poetry Writing with Izzy

Withington Public Hall, 2 Burton Rd, Withington, Manchester, M20 3ED,

Come along to create a piece of poetry about Manchester and Friendship. No poetry writing experience required, just a little bit of creative flare and artistic license! *Please call Heather on 0161 207 0800 and press option 2 if you'd like a space.*

Bus: Bus to Withington (41/42/43/142/143 etc) turn onto Burton Road at Sainsbury's.



Tuesday 9th November, 6-7.30pm: Desert Island Discs - CITY CENTRE,



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Colony Piccadilly, 5 Piccadilly, Aytoun St, Manchester M1 3BP,

Like the radio show of its namesake, come and share a song and why it's meaningful to you. This month our theme is 'cozy,' as the season's change and the weather gets colder. What song makes you think of staying in and getting cozy? *Please call Heather on **0161 207 0800 and press option 2** if you'd like a space.*

Bus: Any bus to Piccadilly Gardens (7 min walk.) Any bus to Piccadilly Station (5 min walk).

Tram: Any tram to Piccadilly Station (5 min walk.)



Thursday 11th November, 5.30-7pm: Grub Club - CITY CENTRE, 50 Red Bank, Cheetham Hill, Manchester M4 4HF (close to Victoria Station,

Come and join us at Grub: Grub is a friendly venue which hosts different street food vendors. For our visit the vendor 'Osaka Local' will be serving us Japanese food. *Please call Heather on **0161 207 0800 and press option 2** if you'd like a space.*

Bus: 135 (get off at St. Chad's Church and walk 3 mins down St. Chad's Street and turn right on to Red Bank Street).

Tram: 7 minute walk from Victoria Station.

If you get a place on this club, we can also meet people at the old CIS tower on Corporation Street at 17.15 to walk over.

*Please call Heather on **0161 207 0800 and press option 2** if you'd like a space.*



Thursday 18th November, 2-3.15pm: Coffee Tasting and Talk - ANCOATS, Ancoats Coffee, Royal Mill, 17 Redhill St, Ancoats, Manchester M4 5BA,

Join us at the coffee roasters and café for an exclusive talk about the process of coffee roasting, as well as a taster of a number of delicious and unusual coffees. *Please call Heather on **0161 207 0800 and press option 2** if you'd like a space.*

Bus: 216/ 230/ 231 (get off at Jersey St)

Tram: 10 minute walk from Piccadilly Gardens.



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 **Sunday 21st November, 1-2.30pm: Manchester Cares' 4th Birthday Party - MILES PLATTING, St George's Community Centre, Bothwell Rd, Collyhurst, Manchester M40 7NY,**

Come along for a laid back afternoon of fun and festivities to celebrate four years of Manchester Cares. *Please call Heather on **0161 207 0800** and press option 2 if you'd like a space.*

Bus: 74, 76, 83, 84, 114, 181, 182, 722, 726, X84 (get off at **Butler Street**).

 **Thursday 25th November, 4-7pm: Manchester Cares Art Exhibition Planning - Location To Be Confirmed,**

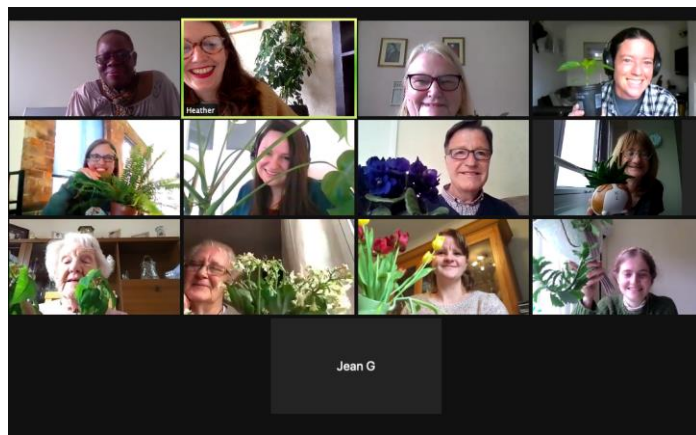
We are planning our very own exhibition of creative work. We'd love you to display work and be part of the exhibition by submitting work you've created recently or during your life/career. *Please call Amy on **0161 207 0800** and press option 1 if you'd like to find out more.*

END OF FACE-TO FACE PROGRAMME, THE NEXT TWO PAGES LIST OUR VIDEO AND PHONE ACTIVITIES.



+NOVEMBER VIDEO CLUBS

If you can't currently meet face-to-face or want some extra activities, the fun is still





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being had online and over the phone – you'll find instructions on how to join in with all of the options below, or you can call **0161 207 0800** option 2 and we'll help you.

 **Thursday 4th November, 12-1pm: Tech Club-ZOOM**, Come along and ask any burning questions you have about your technology, or the internet! *Please call Heather on **0161 207 0800** and press option 2 to let her know you'd like to join in with this club.*

 **Monday 15th November, 1-2pm: Chair Yoga- ZOOM**, Join us for a relaxing session of chair yoga with a qualified yoga teacher. The class will include breathing exercises, stretching, and yoga you can do from the comfort of your chair. *Please call Heather on **0161 207 0800** and press option 2 to let her know you'd like to join in with this club.*

 **Thursday 25th November 6-7pm: The Cares Family Quiz-ZOOM**, Join your neighbours from around the country for a Cares Family Quiz! *Please call Heather on **0161 207 0800** and press option 2 to let her know you'd like to join in with this club.*

 **Monday 29th November, 5.30-6.30pm: Virtual Quiz with Ged-ZOOM**, Bring your competitive edge, and join your neighbours for our Virtual Quiz Club hosted by neighbour Ged. *Please call Heather on **0161 207 0800** and press option 2 to let her know you'd like to join in with this club.*